

Holistic Abundance Mentor
Founder, Women of the World Network®
Creator of the FFF Program

Elle Ballard is on a mission to help women tackle personal and professional obstacles, prevent burnout, and uplift their overall well-being by unlocking their untapped potential to be **Free, Fulfilled, and Fabulous**.



Holistic Abundance is about inner and outer freedom, fulfillment and joy to stay fabulous.



Holistic Abundance Advocate

For Elle, the boundary between life and work isn't rigid, it's fluid. Through her signature **Free, Fulfilled, and Fabulous program**, she guides multinational women to weave their own tapestries of life.

Abundance, to her, goes beyond financial security. It combines professional joy, personal satisfaction, and holistic well-being and helps women break free from self-imposed limitations — a journey she, too, has taken.



Speaker with a Purpose

On stage, Elle dives into the three core tenets of her philosophy:

- Freedom - emphasizing women's financial and spiritual freedom.
- Fulfillment - the pursuit of passion and profit in tandem.
- Fabulousness - nod to holistic self-care.

With a wellness podcast on the horizon, Elle is poised to share even more wellness gems soon.

"Focus on what you can control and frame challenges as opportunities."



Author and Community Builder

Elle's unique perspective as an immigrant eventually led to the creation of the **Women of the World Network®** — a supportive entrepreneurial community that celebrates the triumphant narratives of women from across the globe.

The organization regularly publishes anthologies that celebrate the power and determination of women, which top Amazon's International charts, proving Elle's commitment to sharing diverse narratives through the WOTWN.



To learn how you can be Free, Fulfilled, and Fabulous, explore elleballard.com.

Speaking Topics

Three Keys to Holistic Abundance

Dive into Elle's signature framework, tailored for those seeking a harmonious blend of life and work. It's not about tilting scales but finding equilibrium where passion and purpose intertwine. Curious to find out how?

Three Key Takeaways:

- Rumba Goddess: Understand your mind.
- Bachata Goddess: Free your body.
- Paso Doble: Your inner (spiritual) and outer (financial) freedom
- Waltz Goddess: Find fulfillment clarity and focus with the Kaizen process.

Harmonizing your Mind-Body-Spirit connection to Accelerate Your Business Growth

Explore balancing mind-body-spirit connection within oneself to achieve personal and professional goals. Are you ready to experience creativity, leadership, and success like never before?

Three Key Takeaways:

- Learn about how your mind-body-spirit connection, childhood programming, and cultural beliefs are holding you back.
- Discover how a connected mind and body can improve not only your well-being but enhance your creativity, growth, and leadership.
- Unleash your inner potential to grow your business and reach your professional goals.

I Am Abundance

Set out on a transformative journey to understand holistic abundance. Beyond the tangible and material, there's a wealth of intangibles waiting to be tapped. Are you ready to challenge conventional beliefs about prosperity?

Three Key Takeaways:

- Redefining holistic abundance for the modern world.
- Realizing the source of your potential abundance.
- How do your values and mission steer your path to prosperity?

Activate the Madonna in YOU

Immersing oneself in the richness of sensory experiences is a profound way to connect with our cultural roots, practice self-love, and harness our unique energy. Have you ever wondered how acknowledging the simplest pleasures could be the gateway to inner freedom and your higher calling?

Three Key Takeaways:

- Attract abundance by connecting with sensual pleasure, daily self-care, and energy-uplifting tips.
- Live mindfully and enhance your mental allure with self-love and energy awareness.
- Elevate your life's purpose by nurturing a deeper connection with your personal energy and the cultural influences.

Testimonials

"Elle is amazing at what she does. I am always impressed by how she goes the extra mile to help people succeed. I will stand behind any program Elle puts her name on!"

— M.A.F.

"Women of the World Network® is a community that is truly created around a Recipe for Success that includes elements of the community framework of Personal Fulfillment, Professional Growth, and Individuality."

— Mary Ann Faremouth, CPC - Author/Career Coach