

Rest, Recharge, and Rejuvenate with Elle Ballard









Daily Herald





27<sup>TH</sup> | 4<sup>TH</sup> | MAY

Istanbul, Cappadocia | Turkey

Step into the realm of self-discovery with Elle Ballard's I AM HERE - a global retreat crafted for women seeking enlightenment and empowerment.

This exclusive journey invites you to awaken your senses, reconnect with your essence, and embrace the transformative **power of presence** in the heart of Turkey's rich heritage.

#### Meet Elle Ballard

Elle is a catalyst for transformation, igniting change in the lives of women across the world. She is a dynamic Holistic Abundance Mentor. Founder of the Women of the World Network®. accomplished author, and captivating speaker, taking her clients on transformative journeys of personal growth and empowerment.

Now, Elle welcomes you to a world where Freedom, Fulfillment, and Fabulousness are not just ideals —but lived experiences. Amidst the vibrant culture of Istanbul and the ancient wonders of Cappadocia and Istanbul, Elle infuses her profound insights into a journey that elevates your existence with confidence and grace.





# ◆ The Securce of the Retreat ◆



## Mindful Beginnings

Embrace Elle's guided detox rituals and awaken inner clarity as she surprises you with daily small gifts.



### **Cultural Immersion**

Journey with Elle through Turkey's historic wonders, enriching your spirit with taste and tradition. (Hot-air balloon rides are optional)



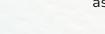
## Sensory Awakening

Elle invites you to a digital detox, fostering a deeper connection to your senses and inner presence.



## **Physical Harmony**

Foster a deeper connection with your body and embrace self-care as you dance with abandon and rejuvenate in hammams.



## Your Abundance Awakening

The I AM HERE - Women's Retreat is more than a mere escape-it's a transformative journey that promises to equip you with practical mindfulness techniques, creative inspiration, and a rejuvenated sense of self.

You'll return with a toolkit for maintaining balance, a renewed passion for your pursuits, and a deeper connection to your personal power.

To step into a world where you can affirm "I AM HERE" to a life rich in abundance and authenticity,

secure a spot on this exclusive retreat today.